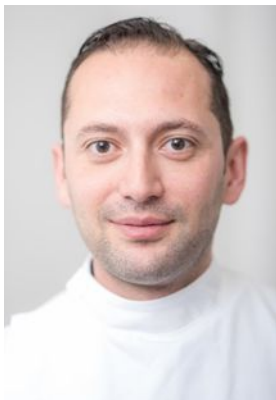




Stephen Lungaro-Mifsud is a physiotherapist and an academic. He is the Head of the Department of Physiotherapy and Deputy Dean at the Faculty of Health Sciences, University of Malta. His field of interest is physiotherapy in healthy ageing with forward thinking towards enhancing healthy ageing through digital health.



Tonio Agius is a physiotherapist and an academic. He Lectures at the Department of Physiotherapy at the Faculty of Health Sciences, University of Malta. His field of interest in physiotherapy is manual therapy, pain management and enhancing clinical reasoning skills in his areas of interest and with his students.



Robert Grech initially qualified as a Physiotherapist from the University of Malta in 2005. He moved to London in 2007 to pursue a second degree in Osteopathy where he also worked as a Musculoskeletal Physiotherapist in various London clinics and as visiting Physiotherapist in Pentonville HM Prison, London. After qualifying in Osteopathy in 2010, he worked in private

practice before moving back to Malta in 2012 where he established his private practice. Robert focuses on joint manipulation, dry needling and trigger point techniques and has special interest in lower back and SI joint conditions and running injuries.



Emanuel Schembri is a physiotherapist and works within the Pain Unit of the Musculoskeletal Outpatients Physiotherapy department and he attends pain clinics at Mater Dei Hospital too. He is in the last stages of the MSc in the Clinical Management of Pain (Headaches) at the University of Edinburgh, UK. His research interests include low back pain, radicular neuropathic pain, and the non-pharmacological management of headaches.